

Dilemmas and Methodological Challenges in Research on Older Adults

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Poster

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Abstract

Social research on older adults constitutes a significant area of exploration in the context of aging societies, yet its implementation is accompanied by numerous methodological challenges. This poster presentation focuses on analyzing key dilemmas faced by researchers in this field.

The discussion will address ethical aspects of research, including the protection of participants' privacy, obtaining informed consent, and accounting for potential barriers arising from physical or cognitive limitations of older individuals. Additionally, challenges related to sampling, particularly in terms of representativeness and access to hard-to-reach groups, will be examined.

The session will also explore the difficulties associated with designing research tools tailored to the specific characteristics of this population and with interpreting research findings in a way that avoids stereotyping.

Examples of good practices that can contribute to enhancing the quality of social research on older adults will be presented.

Keywords

methodological challenges, old age

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